

Inflationary massive gravity and its observational signatures

Misao Sasaki

Yukawa Institute for Theoretical Physics,
Kyoto University

C. Lin & MS, PLB 752, 84 (2016) [arXiv:1504.01373]

G. Domenech, T. Hiramatsu, C. Lin, MS, M. Shiraishi, Y. Wang, arXiv:1701.05554

S. Kuroyanagi, C. Lin, MS, S. Tsujikawa, in preparation.

Introduction

Inflation: the origin of Big Bang

Brout, Englert & Gunzig '77, Starobinsky '79, Guth '81, Sato '81, ...

- Inflation is a **quasi-exponential expansion** of the Universe at its very early stage; perhaps at $t \sim 10^{-36}$ sec.
- It was meant to solve **the initial condition (singularity, horizon & flatness, etc.) problems** in Big-Bang Cosmology:
 - if any of them can be said to be solved depends on precise definitions of the problems.
- **Quantum vacuum fluctuations** during inflation turn out to play the most important role. They give the initial condition for **all the structures in the Universe**.
- **Cosmic gravitational wave background** is also generated.

In summary, the picture that emerges is in complete accord with the kinematic generalities of causal cosmology presented in Section 2. For $y < y_0$, one has $p < 0$ ($p \simeq -\sigma$). For $y > y_0$, p becomes positive and λ undergoes an inflection. The situation is summarized in Figs. 1 and 2.

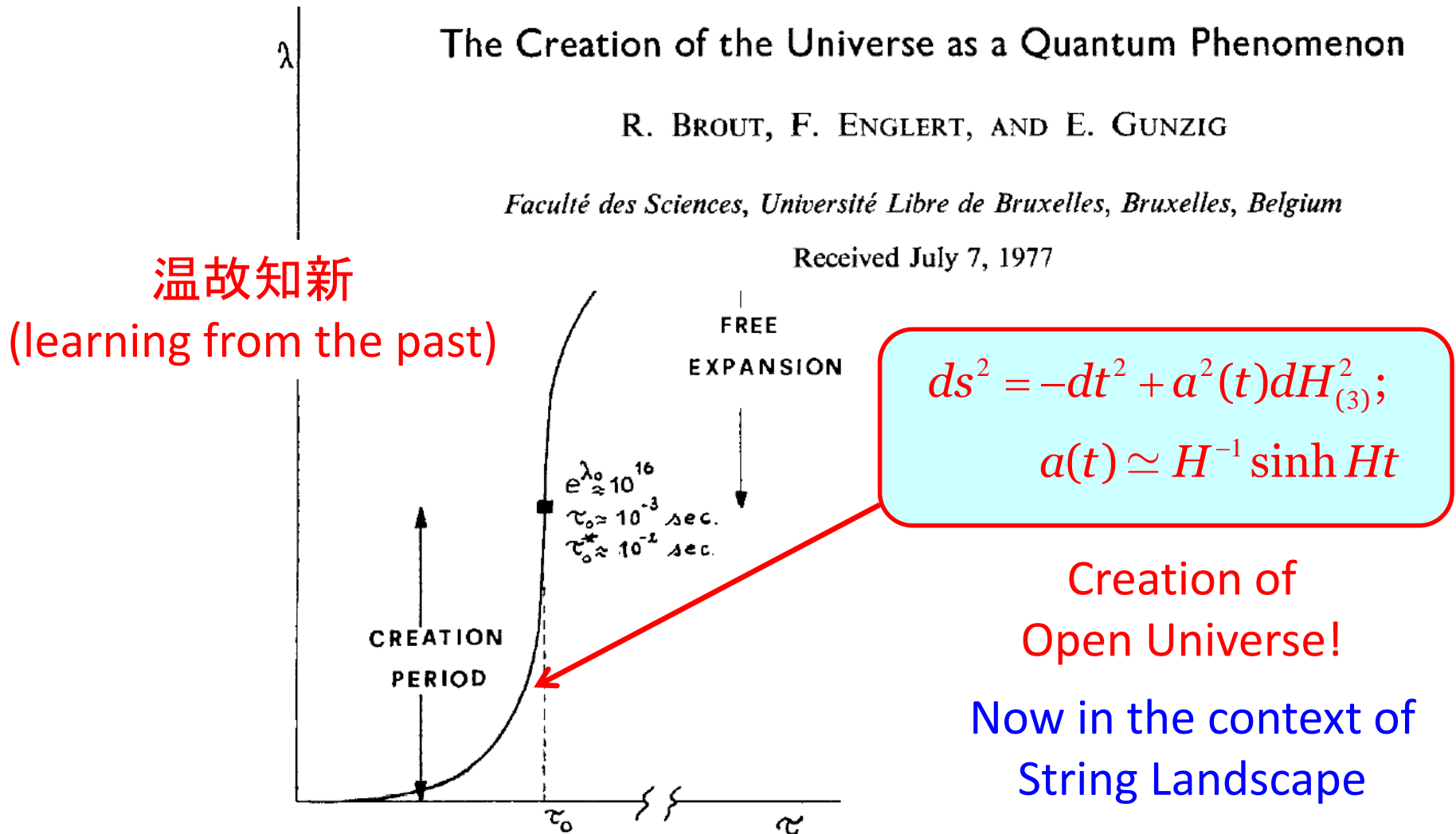
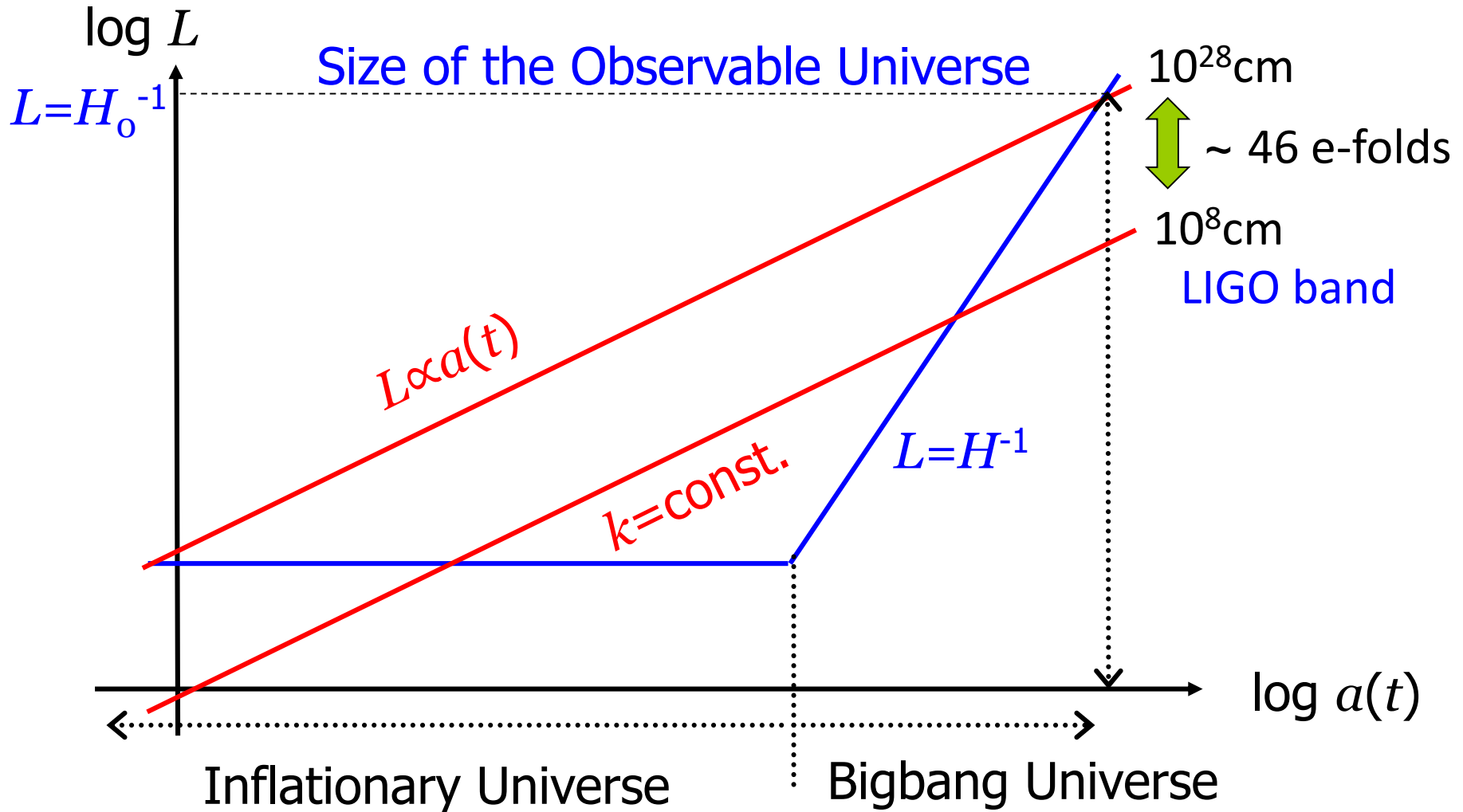


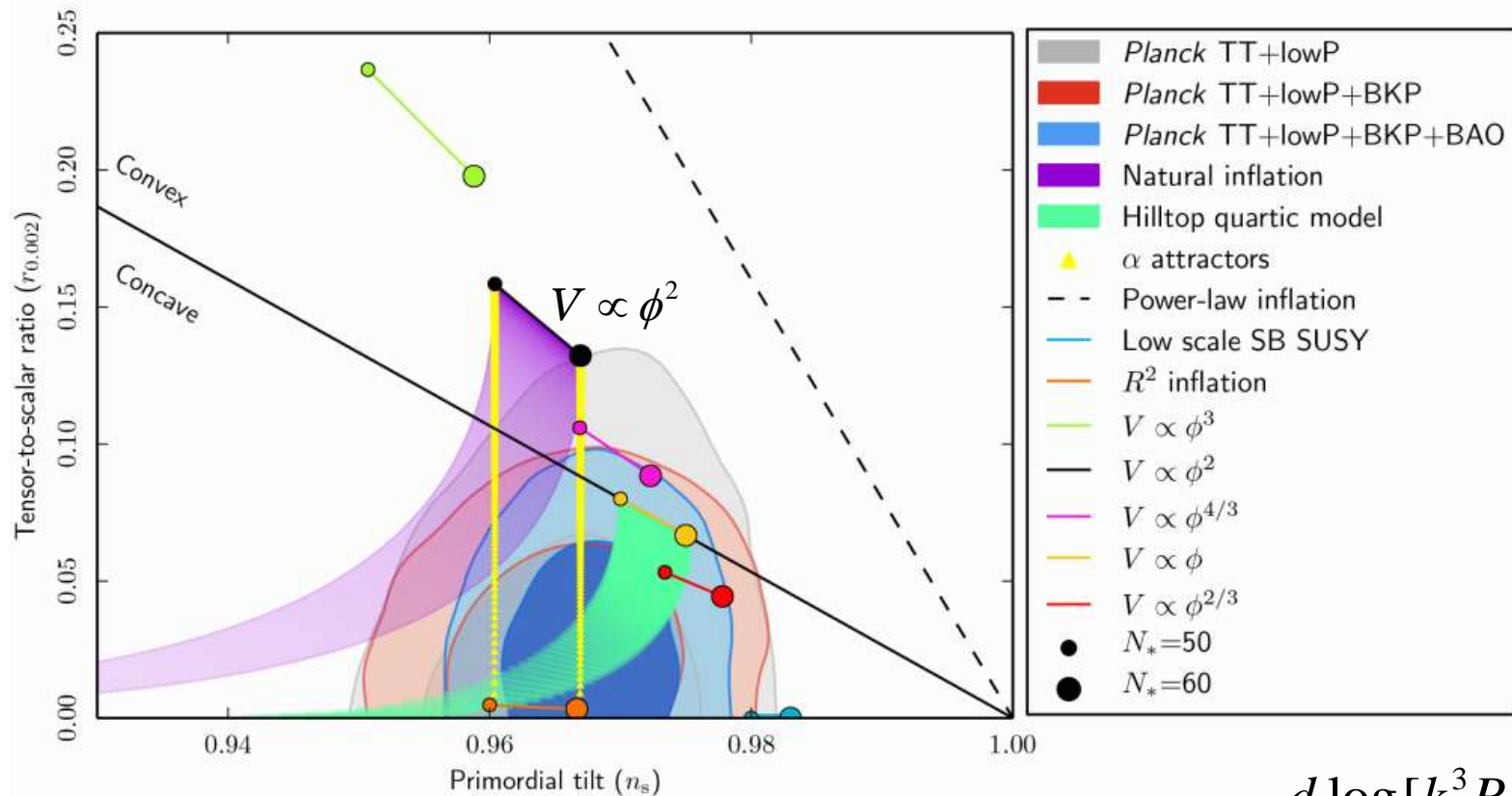
FIG. 1. λ as a function of kinematical time τ for $\delta = 0$. Time scales are calculated for $m = 1$ GeV.

length scales of the inflationary universe



Planck constraints on inflation

Planck 2015 XX



- scalar spectral index: $n_s \sim 0.96$
- tensor-to-scalar ratio: $r < 0.1$
- simplest $V \propto \phi^2$ model is almost excluded

$$n_s - 1 \equiv \frac{d \log [k^3 P_S(k)]}{d \log k}$$

$$r \equiv \frac{P_T(k)}{P_S(k)}$$

Current status

- scalar spectral index: $n_s < 1$ at $\sim 5 \sigma$
- tensor/scalar ratio: $r < 0.1$ implies $E_{\text{inflation}} < 10^{16} \text{ GeV}$
- simple, **canonical models** are **on verge of extinction** ($m^2\phi^2$ model excluded at $> 2 \sigma$)
- R^2 (Starobinsky) model seems to fit best. **But why?** (large R^2 correction but negligible higher order terms)
- $f_{\text{NL}}^{\text{local}} < O(1)$ suggests (effectively) **single-field slow-roll** (but non-slow-roll models with $f_{\text{NL}}^{\text{local}} = O(1)$ not excluded)



some element of **non-canonicity** is needed

Massive Gravity?

The idea of massive gravity

- Gauge theory:

Higgs VEV spontaneously breaks gauge symmetry

→ massive gauge field

- Gravity:

Spontaneous broken general covariance

→ massive gravitons

dRGT gravity

Boulware-Deser (BD) ghost
must be removed

spin 2 = 2+2+1 (+1) dof
(tensor+vector+scalar)

This assumes however Poincare symmetry on flat background.

If \exists no background, covariance should NOT be violated.

Spontaneous broken local Lorentz invariance
= existence of a preferred frame

→ massive tensor modes!
(helicity 2)

Dubovsky's model

Dubovsky 2004

- 4 scalar (Stuckelberg) fields: $\varphi^a = (\varphi^0, \varphi^i)$

$$ds^2 = \eta_{ab} e_{\mu}^{(a)} e_{\nu}^{(b)} dx^{\mu} dx^{\nu} : e_{\mu}^{(a)} \rightarrow \bar{e}_{\mu}^{(a)} = \Lambda^a_b(x) e_{\nu}^{(b)}, \Lambda^a_b \in SO(3,1)$$

- VEV spontaneously breaks local $SO(3,1)$ symmetry

$$e_{\mu}^{(a)} = \frac{\partial \varphi^a}{\partial x^{\mu}} : \varphi^a = \delta^a_{\mu} x^{\mu} \rightarrow e_{\mu}^{(a)} = \delta^a_{\mu}$$

- required symmetry (Poincare symmetry is not imposed)

$$\varphi^i \rightarrow \Lambda^i_j \varphi^j, \varphi^i \rightarrow \varphi^i + \xi^i(\varphi^0); \Lambda^i_j \in \text{global } SO(3)$$

- action: $S = \frac{M_P^2}{2} \int d^4x [R + m_g^2 f(X, Z^{ij})]$ **2+1 dof (tensor+scalar)**

$$X = g^{\mu\nu} \partial_{\mu} \varphi^0 \partial_{\nu} \varphi^0 = g^{00} = N^{-2} \leftarrow \text{Lapse fcn.}$$

$$Z^{ij} = g^{\mu\nu} \partial_{\mu} \varphi^i \partial_{\nu} \varphi^j - \frac{g^{\mu\alpha} \partial_{\mu} \varphi^0 \partial_{\alpha} \varphi^i g^{\nu\beta} \partial_{\nu} \varphi^0 \partial_{\beta} \varphi^j}{X} = h^{ij} \leftarrow \text{3-metric}$$

only φ^0 becomes dynamical

Inflationary massive gravity: minimal model

- Identify ϕ^0 with inflaton: $\phi = \phi^0$

$$S = \int d^4x \left[\frac{M_P^2}{2} R - \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - V(\phi) - \frac{9}{8} M_P^2 m_g^2(\phi) \frac{\delta Z^{ij} \delta Z^{ij}}{Z^2} \right]$$

$$\delta Z^{ij} = Z^{ij} - 3 \frac{Z^{ik} Z^{kj}}{Z}; \quad Z = Z^{ii}$$

$$\text{assumption: } \begin{cases} m_g^2 \ll H^2 & \text{during inflation} \\ m_g^2 = \frac{1}{2} \lambda \phi^2 & \text{during reheating} \end{cases}$$

- Symmetry:

$$\varphi^i \rightarrow \Lambda_j^i \varphi^j, \quad \varphi^i \rightarrow \lambda \varphi^i; \quad \Lambda_j^i \in \text{global } SO(3), \quad \lambda = \text{const.}$$

These symmetries guarantees φ^i to be non-dynamical.

$$\therefore \varphi^i = x^i + \delta\phi^i : \quad \delta\phi^i = w^{ij}(t)x^j + v(t)x^i + O(1), \quad w^{ij} = -w^{ji}$$

at leading order in gradient expansion

notes on non-dynamical modes

- helicity 1 and traceless helicity 0 modes (=3 NG bosons) at leading order on spatially flat slicing (\sim decoupling limit)

$$S = \frac{9}{4} m_g^2 M_P^2 \int d^4 x \left[\left(\partial_i \pi^j \right)^2 + \frac{1}{3} \left(\partial_i \pi^i \right)^2 \right] + O(M_P^{-2}) \sim \Lambda^4 k^2 (\pi^i)^2$$

$\varphi^i = x^i + \pi^i$ $\Lambda^4 \equiv m_g^2 M_P^2$: cutoff scale

- become dynamical at higher orders

$$\delta S \sim \Lambda^2 \int d^4 x \sqrt{-g} g^{\mu\nu} \partial_\mu \delta Z^{ij} \partial_\nu \delta Z^{ij} + \dots \sim \Lambda^2 k^2 (\dot{\pi}^i)^2 + \dots$$

rescaling: $k\Lambda\pi^i \rightarrow \pi^i$

$$S \sim \int d^4 x \left[(\dot{\pi}^i)^2 + \Lambda^2 (\pi^i)^2 + \dots \right] \quad \Lambda^2 \gg H^2$$

massive enough: can be integrated out

massive tensor perturbation

- tensor 2nd order action

$$S_T^{(2)} = \frac{M_P^2}{8} \int d^3x dt a^3 \left[(\dot{\gamma}_{ij})^2 - \left(\frac{k^2}{a^2} + m_g^2(\phi) \right) \gamma_{ij}^2 \right]$$

- quantization

$$\gamma_{ij} = \sum_{s=\pm} \frac{d^3k}{(2\pi)^{3/2}} \left[a(\mathbf{k},s) e_{ij}(\mathbf{k},s) \gamma_k(t) e^{i\mathbf{k}\cdot\mathbf{x}} + h.c. \right]$$

$\gamma_k(t)$: positive frequency fcn.

$a(\mathbf{k},s)$: annihilation operator

$e_{ij}(\mathbf{k},s)$: polarization tensor

$$e_{ij}(\mathbf{k},s) e^{ij}(\mathbf{k},s') = \delta_{ss'}$$


- eom

$$\ddot{\gamma}_k + 3H\dot{\gamma}_k + \left(m_g^2 + \frac{k^2}{a^2} \right) \gamma_k = 0 : \quad \gamma_k \dot{\gamma}_k^* - \dot{\gamma}_k \gamma_k^* = \frac{i}{a^3}$$

KG normalization

tensor spectrum

- during inflation $0 < m_g^2 \ll H^2$



$$P_T(k) = \frac{2H^2}{\pi^2 M_P^2} \left(\frac{k}{k_f} \right)^{2m_g^2/3H^2}$$
 at the end of inflation

$$k_f = a(t_f)H(t_f)$$

spectral index: $n_T \approx -2\varepsilon + \frac{2m_g^2}{3H^2}$; $\varepsilon = -\frac{\dot{H}}{H^2}$

if $\frac{m_g^2}{3H^2} > \varepsilon$, blue-tilted!

- Lyth bound

$\Delta\phi \simeq 15M_P r^{1/2}$: distance traveled by ϕ during inflation

$$r = \frac{P_T(k)}{P_S(k)} \simeq 16\varepsilon \text{ for standard slow-roll inflation}$$

if $r > 0.001$, ϕ travels more than Planck distance

beyond validity of QFT?

Observational Signatures?

resonant GW amplification

Lin & MS '15

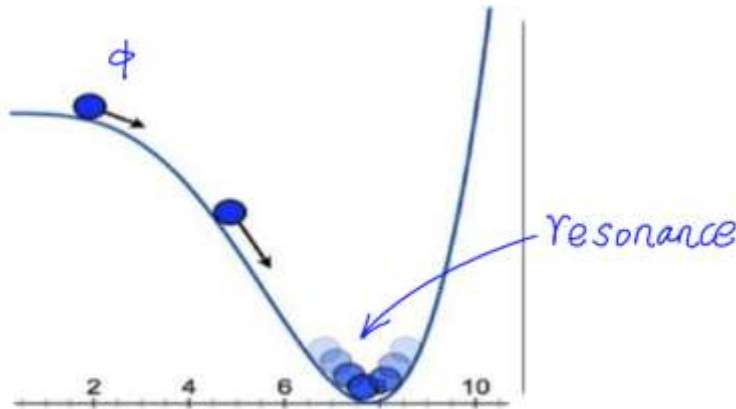
$$m_g^2 = \frac{1}{2} \lambda \phi^2; \quad \phi = \phi_f \left(\frac{a_f}{a} \right)^{3/2} \sin(Mt + \theta) e^{-\Gamma Mt} \quad \text{after inflation}$$

M : inflaton mass

ΓM : decay (reheating) rate

- Mathiew-like eq. for $k/a \ll H < m_g$

$$\ddot{\gamma}_k + 3H\dot{\gamma}_k + \left(m_g^2(\phi) + \frac{k^2}{a^2} \right) \gamma_k = 0$$



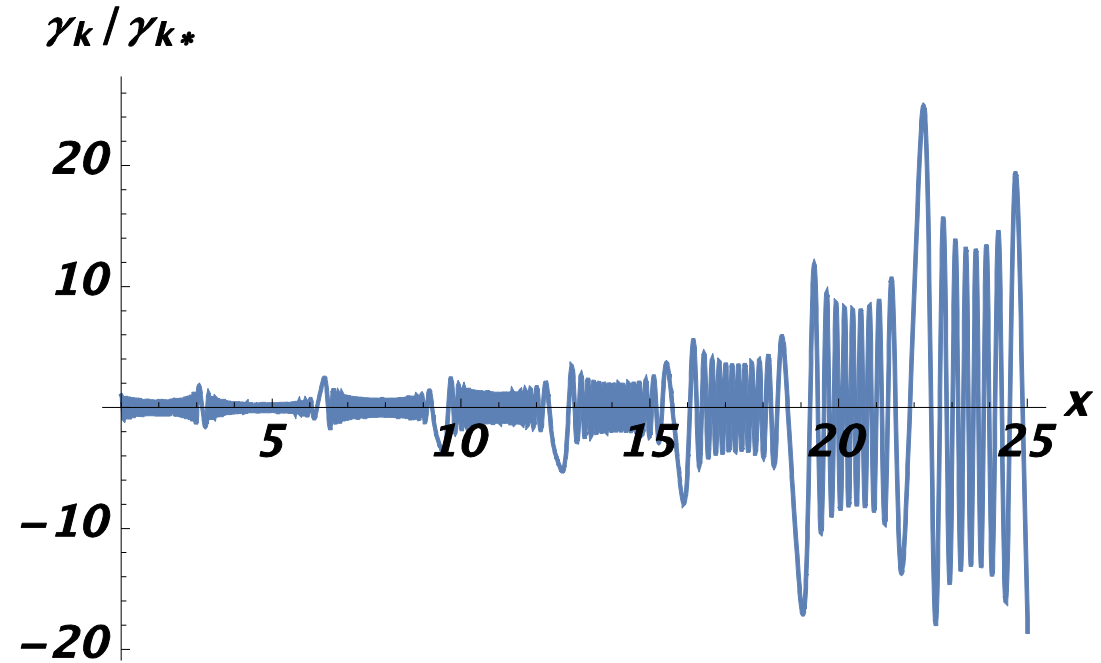
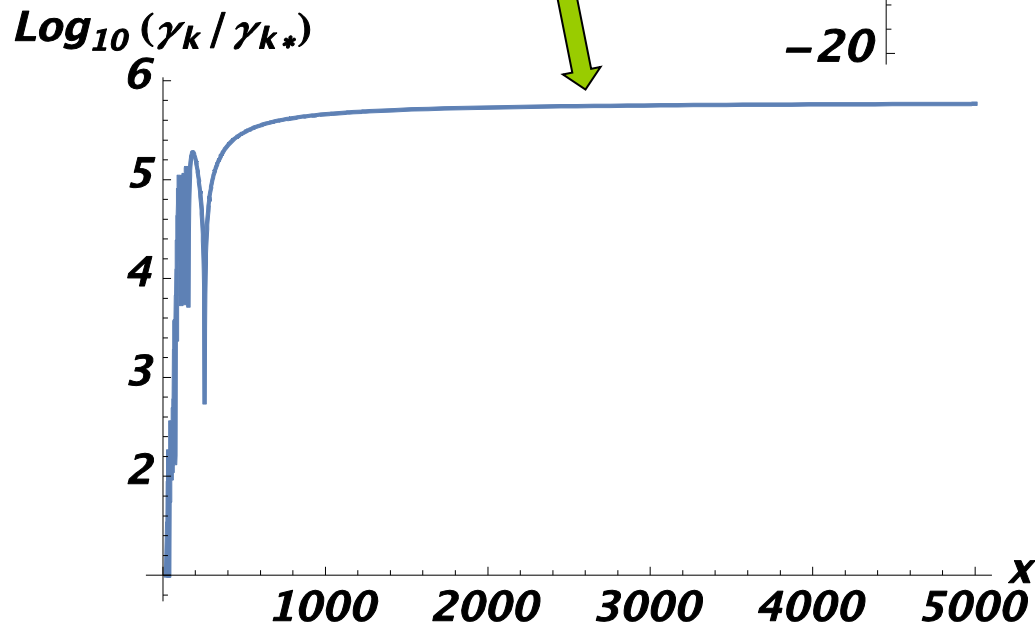
$$\left[\frac{d^2}{dx^2} + \frac{2}{x} \frac{d}{dx} + \frac{\xi e^{-\Gamma x}}{x^2} \sin^2(x) \right] \gamma_k = 0$$

$$x = Mt, \quad \xi = \frac{\lambda \phi_f^2}{3\pi M^2}$$

broad parametric resonance for $\frac{\xi e^{-\Gamma Mx}}{x^2} \gg 1$

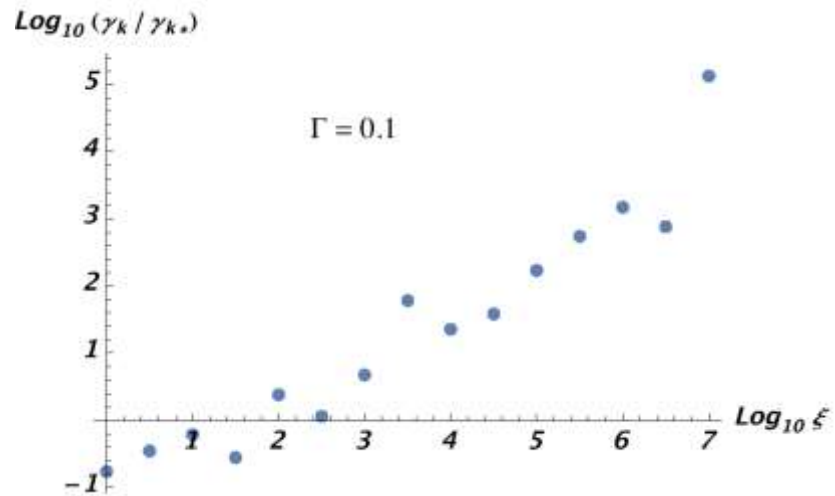
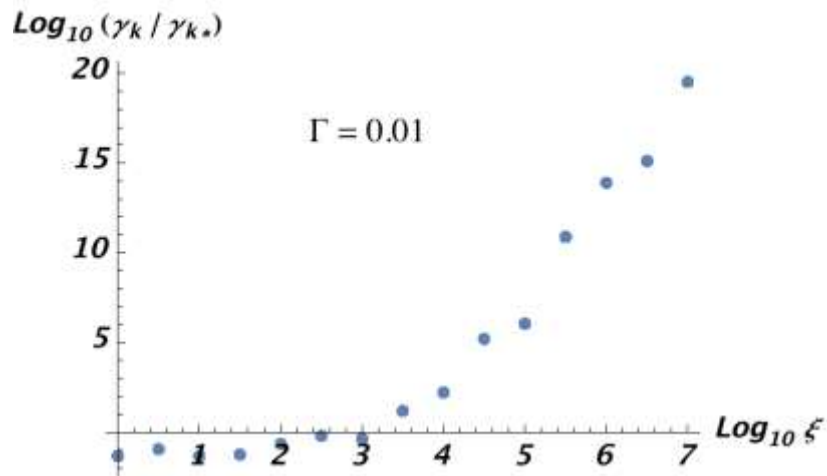
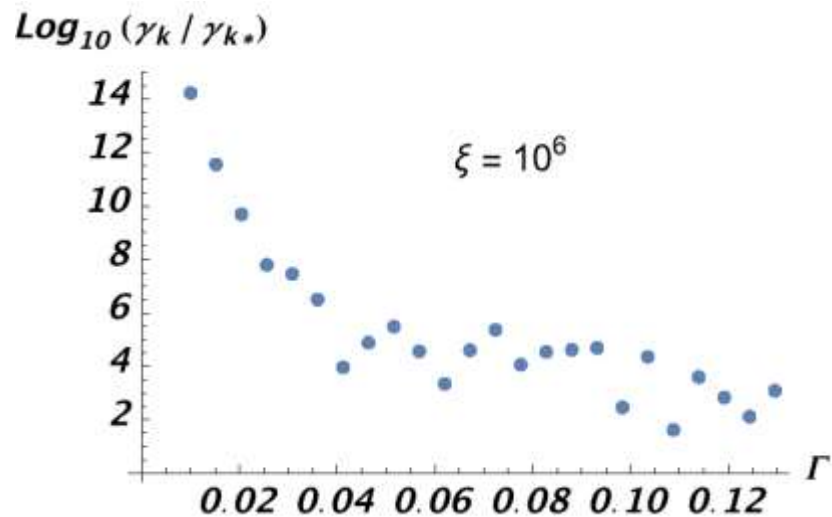
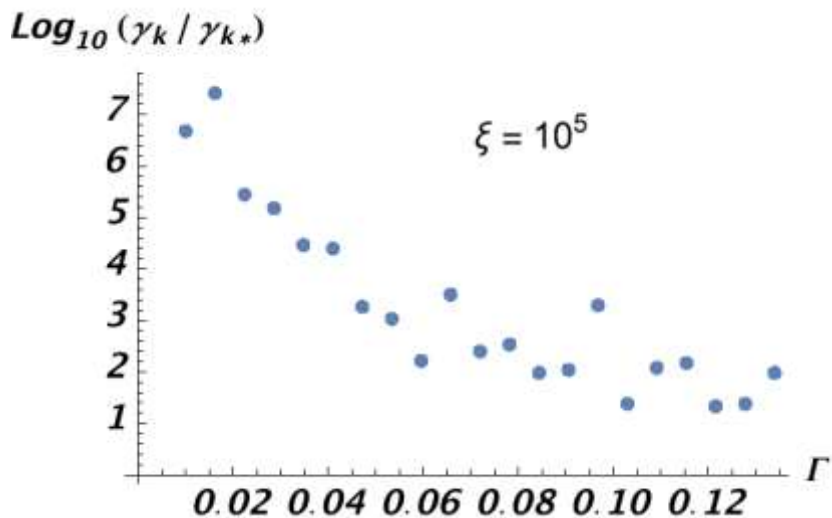
broad parametric resonance

amplified by
a factor $\sim 10^6$!



$$\xi = \frac{\lambda \phi_f^2}{3\pi M^2} = 10^6, \quad \Gamma = 0.05$$

parameter dependence



evading Lyth bound

- tensor perturbation can be **exponentially amplified** by broad parametric resonance:

$$P_T(k) = AP_{T,0}(k); A \gg 1$$

- scalar (curvature) perturbation remains the same:

$$P_S(k) = P_{S,0}(k)$$

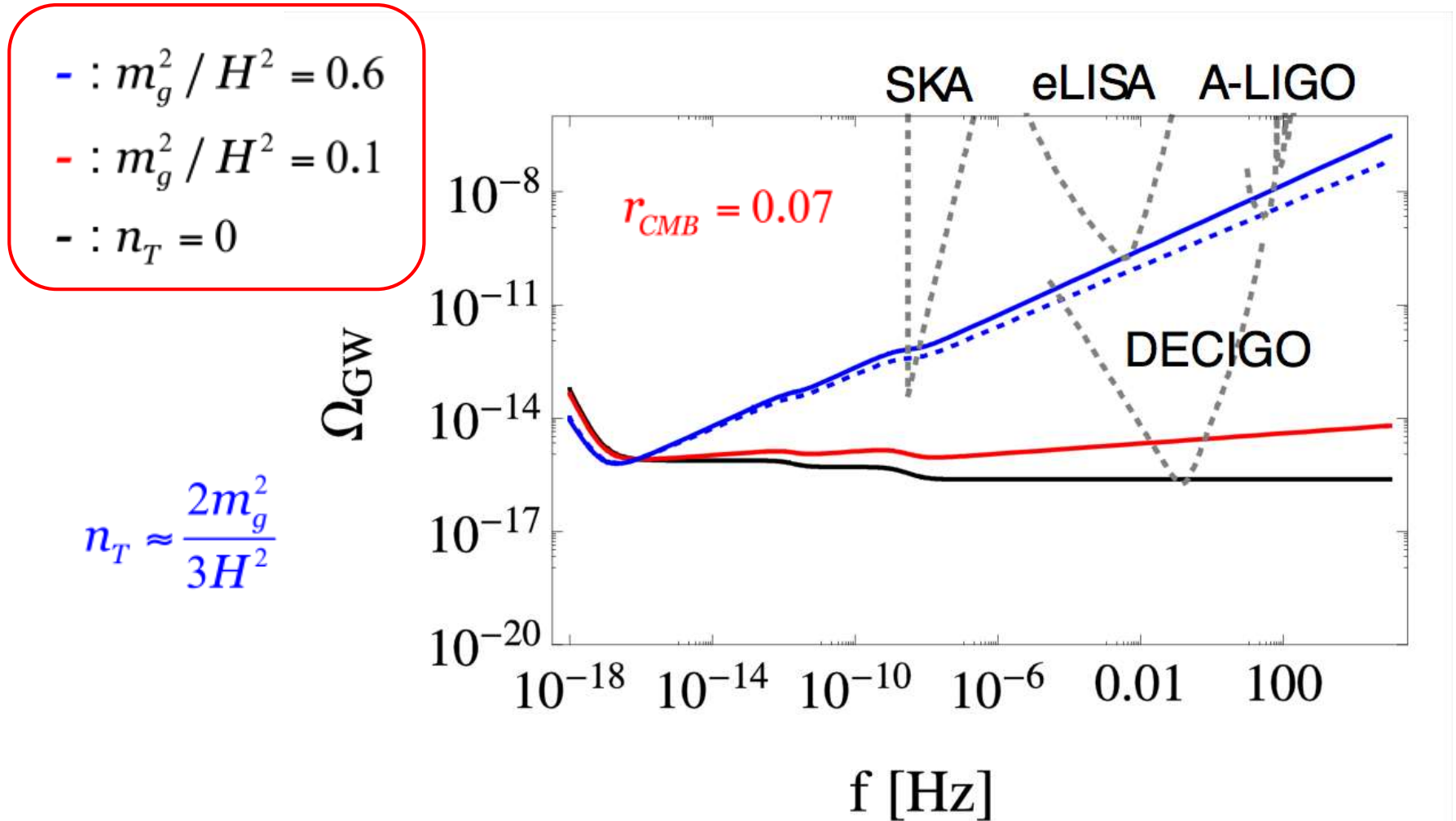
$$r = \frac{P_T(k)}{P_S(k)} = 16\varepsilon A$$

Lyth bound is modified as $\Delta\phi \simeq 15M_P \sqrt{\frac{r}{A}}$

tensor perturbation can be large enough to be detected without invalidating low-energy EFT

strongly blue-tilted GW spectrum?

Kuroyanagi, Lin, MS & Tsujikawa '17 (in prep)




non-Gaussianity?

Domenech, Hiramatsu, Lin, MS, Shiraishi & Wang '17

- 3rd order Hamiltonian in $\delta\phi=0$ spatially isotropic gauge:

$$H_{\text{int}} = -L_{\text{int}} \supset \lambda_{SST} M_P^2 \epsilon \int d^3x a \gamma_{ij} \partial_i \mathcal{R}_c \partial_j \mathcal{R}_c + \dots$$

$$\lambda_{SST} = \frac{m_g^2}{4\epsilon H^2} + \lambda$$


$$\propto \delta Z^{ij} \nabla^\mu \phi^i \nabla_\nu \phi^j \partial_\mu \phi \partial_\nu \phi$$

coupling term that could appear in low-energy EFT from (unknown) UV physics

- 3-pt fcn:

$$\langle \gamma_{\mathbf{k}_1}^s \mathcal{R}_{\mathbf{k}_2} \mathcal{R}_{\mathbf{k}_3} \rangle = (2\pi)^3 \delta^{(3)}(\sum \mathbf{k}_i) \frac{\lambda_{SST} H^4}{4\epsilon M_P^4} \frac{e_{ij}^{-s} k_{2i} k_{3j}}{\prod k_i^3} \left(k_t - \frac{\sum_{i<j} k_i k_j}{k_t} - \frac{k_1 k_2 k_3}{k_t^2} \right)$$

$$k_t = k_1 + k_2 + k_3$$

dominates CMB 3-pt fcn if $\lambda_{SST} \gg 1$

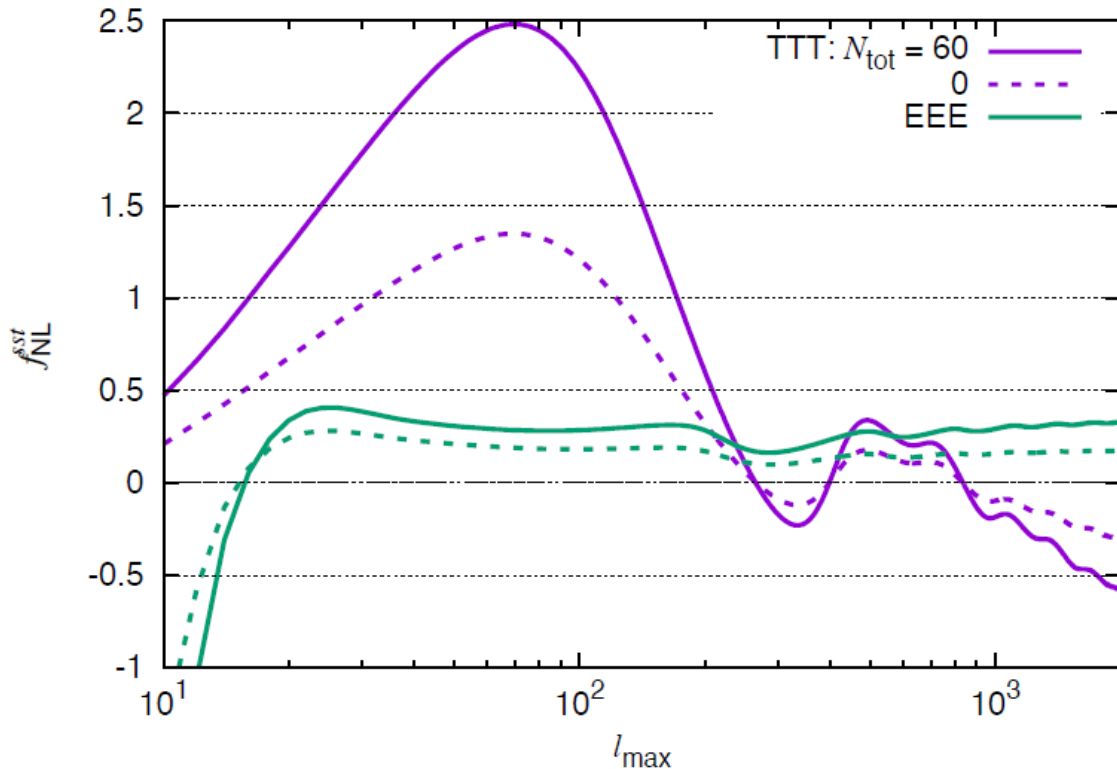
scale-dependent non-Gaussianity

$$\langle \delta T \delta T \delta T \rangle \propto \langle \gamma_{ij} \partial_i \mathcal{R}_c \partial_j \mathcal{R}_c \rangle$$

$$\gamma_{ij} \propto a^{-1} \text{ after horizon re-entry}$$

small scale modes re-enters horizon earlier

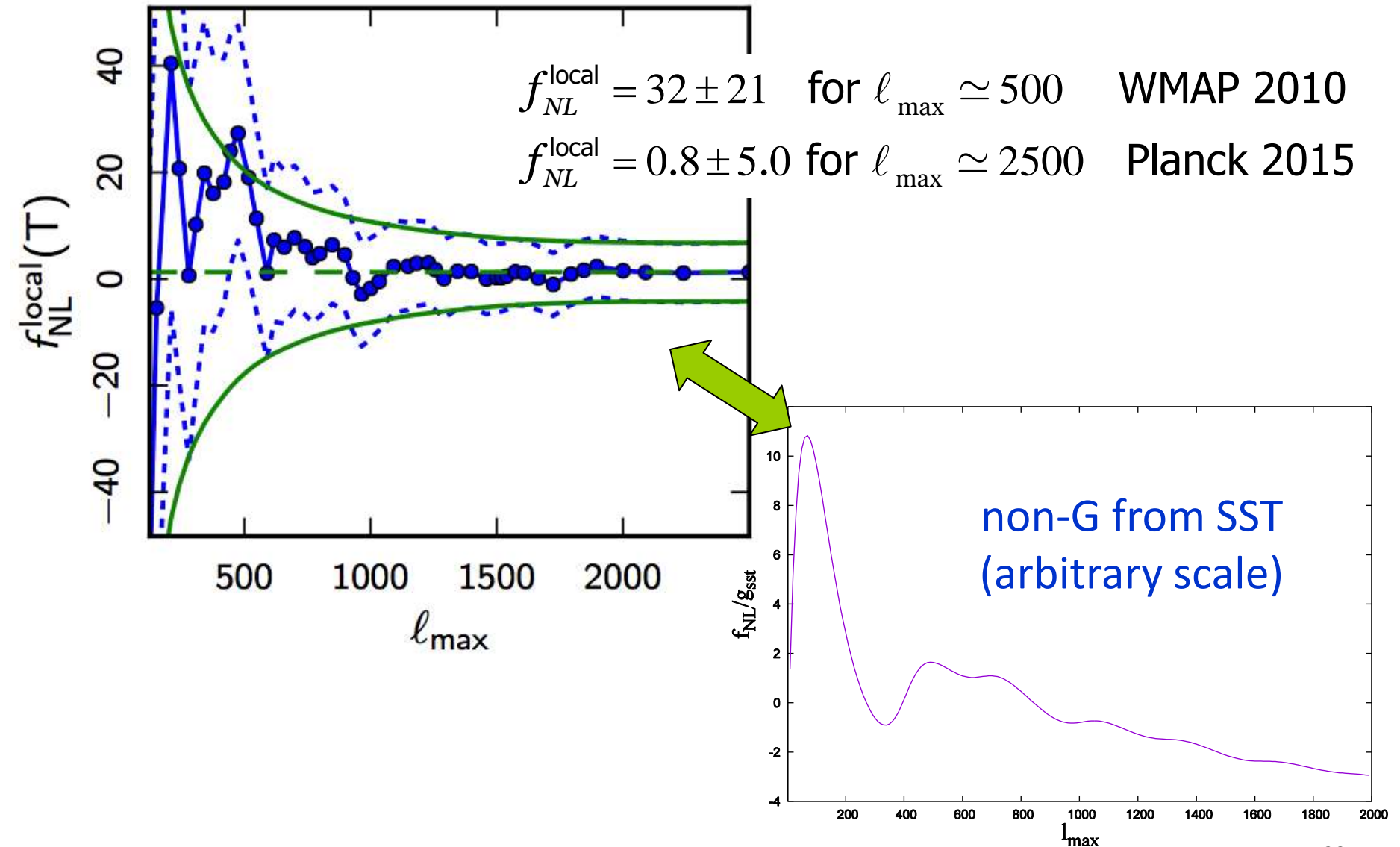
➡ large ℓ multipoles are suppressed



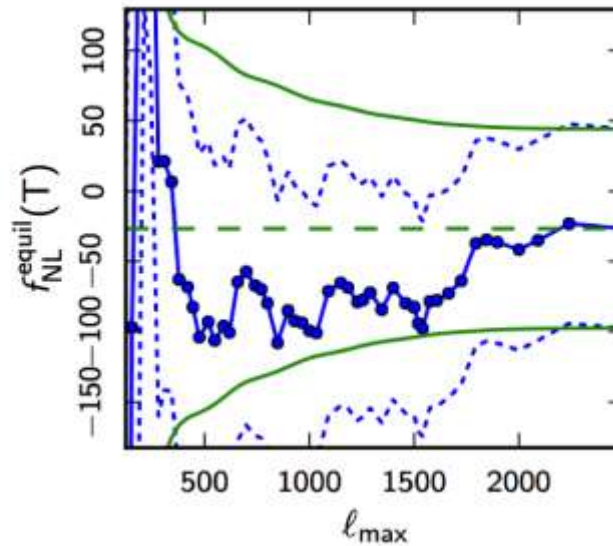
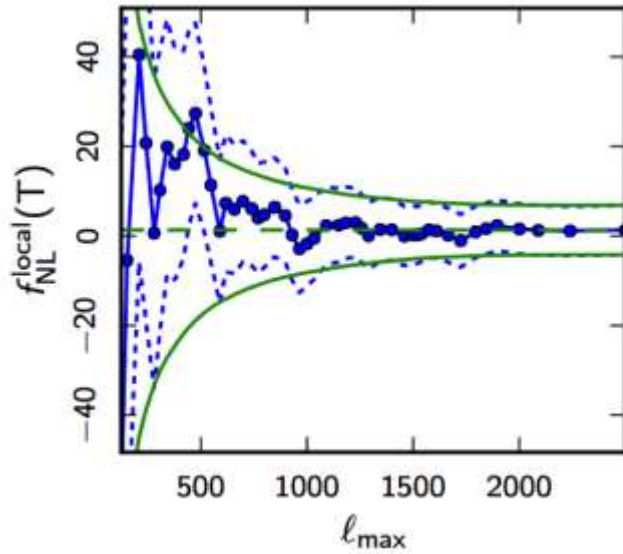
ℓ_{max} dependence of f_{NL}^{local}

$$\lambda_{SST} = 100, \quad \varepsilon = 0.01$$

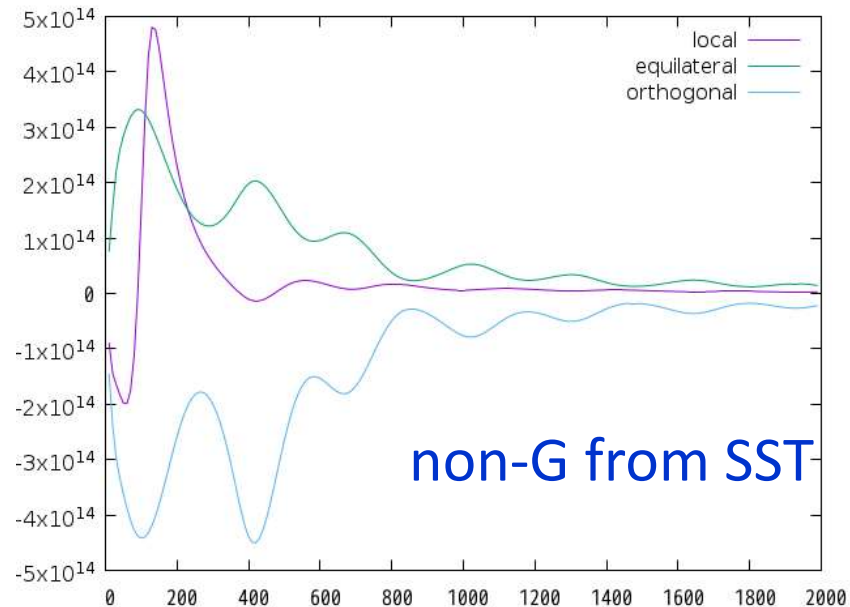
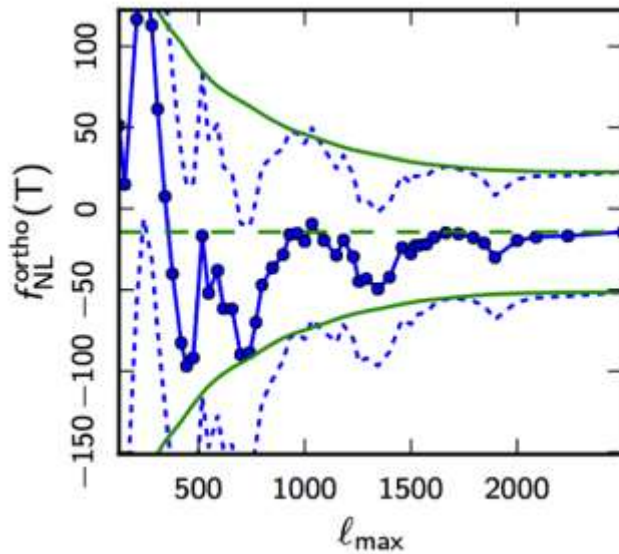
WMAP 2010/Planck 2015



more from Planck 2015/other shapes



a hint of non-G
due to SST
but not yet
conclusive



Summary

- Inflation is a natural platform for modified gravity

Inflation = scalar-tensor theory

- GW (tensor mode) can become **massive** during inflation without encountering BD ghost problem

symmetry: $\varphi^i \rightarrow \Lambda_j^i \varphi^j$, $\varphi^i \rightarrow \lambda \varphi^i$; $\Lambda_j^i \in SO(3)$, $\lambda = \text{const.}$

- GW can be parametrically amplified during reheating **evading Lyth bound** even if $r > 0.001$
- GW spectrum may be **blue-tilted**
primordial GW may be detectable by **LIGO/Virgo/KAGRA...**
- 3rd order interaction can give rise to sizable **scale-dependent non-Gaussianity**

∃ already a hint in WMAP/Planck data  needs further tests!